

## Dear Foster Carer

### We like it when you...

**Are there for us**, and welcome us as part of your family

**Are a good listener**, and take a real interest in our lives, have a sense of humour, smile and have fun with us

**Are supportive**, when you celebrate our achievements and show you are proud of us

**Encourage us**, to learn and understand about our cultural identity and beliefs whilst helping us to record our life story

**Don't give up**, or lose faith with us – when things are hard we know we can get through it together

**Inspire us**, to get involved with sport, music and activities, it helps to build our self-esteem and we enjoy them

**Keep your promises**, be honest, listen to us and to build our trust in you

**Are a good communicator**, and fight for our rights whilst encouraging us to take part in decisions about us

**Provide support**, so we can learn together as a family

**Give us**, 1:1 time, remember you are important to us

**Are able to put**, yourself in our shoes, whilst remembering to meet our emotional needs

**Keep us informed**, about important decisions that are made about us

### Thank you from

Coventry **VOICES** of Care Council

On behalf of all Coventry  
Looked after Children

