







MOUNTAINS & MINES

Within the Eryri National Park students have the opportunity to challenge themselves, explore themes such as resilience, respect, teamwork and commitment all whilst learning about the geography of the uplands.

Mine exploration is a unique adventure exploring themes of personal challenge, resilience and respect. Students literally immerse themselves in the Victorian history of quarrying and the geology of

RIVERS, LAKES & GORGES

A canoe journey down the river provides students opportunities to explore working just a short drive from the Centre. together, learning about river basins and tidal estuaries. Our kayak lake provides opportunities for students to explore themes such as personal responsibility and beneath the medieval Criccieth Castle, or the importance of listening and following instructions as well as discipline.

Gorges provide opportunities to explore teamwork, confidence, resilience and the delights of sliding down a waterfall, or jumping into a mountain stream!

COAST & BEACHES

The stunning coastline of North Wales is

Students have the opportunity to explore and learn about the coastal environment support each other whilst climbing along the sea cliffs and zawns of Borth y Gest.



LEARNING THROUGH ADVENTURE...

Part of Coventry Outdoors, Plas Dol-y-Moch delivers high quality residential Outdoor Education Courses for the young people of Coventry and beyond. Bespoke adventure courses focus on developing young people's social, emotional and mental health through genuine outdoor and adventure activity courses delivered by expert practitioners in Outdoor Education, all in a residential setting. Each day's activities are tailored through consultation with your staff to maximise opportunities for each of your students.









PLAS DOL-Y-MOCH

Plas Dol-y-Moch offers up to 87 places (including staff) in two accommodation blocks, providing ample space to accommodate gender splits within your group.

House: 47 beds spread across 12 dormitories (4 typically used by staff)

Stables: 40 beds spread across 6 dormitories (2 typically used by staff)

66 Voted Coventry's
best school trip,
99

BESPOKE ADVENTURE COURSES

Included in the course fees are coach transport from Coventry and back (coach pickup & drop off out of Coventry can be arranged for an additional fee), as well as all transportation during your course. You'll receive expert tailored inspirational tuition from highly qualified and experienced outdoor professionals, working in low ratios (typically 1:12 including at least one participating adult). Additionally, all technical equipment and clothing, such as waterproofs, wellies or boots, fleece, and rucksack are issued to each student.

Drying rooms with individual spaces are available, providing students the opportunity to realistically look after their own and issued equipment.

Students are given the responsibility of the Centre, make their own beds (all bedding is provided), and tasked with looking after their dormitory and social spaces throughout the course. All meals are included, including wholesome home-made evening meals, breakfast, packed lunch, and world-famous (well, at least within Coventry!) cakes.

The Centre boasts ample social and teaching spaces, equipped with whiteboards, high-speed internet access, and digital projectors. Outside, we have acres of woodland, fields suitable for football and volleyball, as well as a lit basketball court to help wear your students out if necessary! Additionally, there's a small tuck and souvenir shop available.

Our building is secure, with door code access complying with safeguarding best practice. Staff bedrooms are also secure, with visiting staff provided door passes to access their rooms.



On arrival all groups are fully inducted to the Centre, outlining the course aims and ensuring you're all fully settled into the building.

Our staff are available to support the delivery of evening activities as well as remaining on call overnight should your staff need any support.

Contact the Centre direct for our current pricing or <u>click the link to register your</u> interest:

https://forms.office.com/e/ci6bmMXiRi



