## **Coventry Virtual School**

# A Trauma informed School – what does this mean on a day to day basis?

Thursday 18<sup>th</sup> November 2021 10am - 12pm



#### Introductions and Welcome

#### **Coventry Virtual School**

Maria Collins: Advisory Teacher LAC: Key Stage 3 Lead

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#### **Lyng Hall Secondary School**

Paul Green – Head Teacher



#### **Agenda**

- Introductions
- Information Coventry Virtual School Team
- Lyng Hall: Presentation

What is Trauma?

How does Trauma impact on a child and their learning?

How does a school become a Trauma Informed School?

What does a Trauma Informed School look like on a day-to-day basis and how does this support your child?

Strategies to enable you to create a Trauma Informed environment Why is it important that a Looked After Child attends a Trauma Informed School?

Conclusion – Coventry Virtual School

Attachment and Trauma Informed Support for Schools

**Thrive** 

Questions you could ask the school to help determine whether it is Attachment and Trauma informed



#### Virtual School

- The Virtual School is a small team set up to help improve the attainment of looked after children.
- The team is made up of Advisory Teachers, a Next Steps Mentor -Post 16 PEPs, an Engagement & Enhancement Officer and a Lead Mentor
- The team works with schools, social workers, carers and anyone involved in the education of looked after children, including post 16 providers.
- virtualschool@coventry.gov.uk 024 7697 5535



### Lyng Hall - Presentation

A Trauma informed School – what does this mean on a day to day basis?



## Virtual School: Attachment and Trauma Informed Support for Schools

- Coventry Virtual School is committed to promoting an awareness of Attachment and Trauma in schools
- Across the last 6 years all Coventry Primary and Secondary Schools have been invited to attend 'An introduction to Attachment' training session
- ➤ Schools are encouraged to familiarise themselves with The latest Attachment research e.g. via the Attachment Research Community (ARC)



# Virtual School: Attachment and Trauma Thrive Informed Support for Schools

Thrive is an approach that is used in several of our Primary and Secondary School.

The Thrive Approach to working with children draws on the latest research from current neuroscience, recent attachment research, current studies of effective learning and current models of child development to help teaching staff and other professionals to understand the needs being signalled by children's behaviour and provide targeted strategies and activities to help children and young people to engage with learning and life.

Thrive website – free resources and activities

https://www.thriveapproach.com/about-thrive/

https://www.thriveapproach.com/who-we-work-with/parents-carers/



# Virtual School: Attachment and Trauma Informed Support for Schools

These are some questions you could ask the school to help determine whether it is Attachment and Trauma informed

- What type of pastoral support do they offer?
- ➤ Do they use Thrive, PACE and / or Emotion Coaching?
- ➤ How does their Behaviour Policy address relationships?
- ➤ Have the school received Attachment Training?
- > Does the school provide key workers for Looked After Children pupils?
- > Does the school have a counsellor?
- > Does the school exclude Looked After Children?
- > Do they use Restorative Justice when there are incidents?
- > Does the school have a safe space for their vulnerable students?



## **Any Questions**

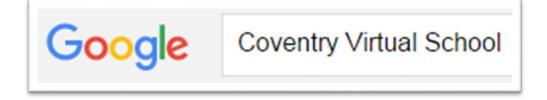


#### Virtual School contact details

• 024 7697 5535

virtualschool@coventry.gov.uk

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#### And finally ....

Many thanks for attending this morning.

 Please complete the online evaluation that will be emailed to you.

