

Welcome...

Welcome to our SARC.

That stands for Sexual Assault Referral Centre. This is where we see children and young people under 18 (or under 25 with complex needs).

As a professional you can call us on 0808 196 2340 for advice 24/7/365.

1. Who we are?

We are Mountain Healthcare, a specialist healthcare provider for SARC and police custodial services across the country.

Our clients are at the heart of our service, so our medicals are conducted from a more holistic point of view. We also can complete referrals only, should the client not want to have a medical exam.

2. Instructions for CYPS requests

We complete both acute and non-acute medicals and run a historic clinic Monday to Friday across the West Midlands region:

Monday – Birmingham Children’s Hospital

Tuesday – The Glade, Worcestershire

Wednesday – Blue Sky, Nuneaton

Thursday – Grange Park, Stoke

Friday – Horizon, Walsall

Acute appointments are available at any time day or night depending on the needs of the client and what is in their best interest.

Appointments can be booked on 0808 196 2340

3. Referrals to the SARC.

Under 13’s – For both non acute and acute services we would need either police OR social services to make the referral into our service for a medical. We are happy to offer advice/support to any service but would need police/social services to accompany the child to a medical appointment. All clients are seen by the doctors.

13-17 years old – Providing the young person is Gillick Competent they can self-refer, or other agencies can refer and provide their contact details for us to gain consent and discuss things with the client. Acute are seen by Nurses, non-acute are seen by doctors.

4. COVID changes

During COVID we are holding remote assessments for medicals. This means that we will call at the appointment time (acute cases) and take as much information as possible before the client comes to the SARC.

For the non-acute cases the client and the agencies bringing the client to the appointment will be called the day before to complete a covid risk assessment.

5. Acute cases (Forensics)

For all forensic cases we would ask that a copy of the first account is sent to Wmppaeds.sarc@nhs.net.

A forensic strategy discussion should be held between the officer and the clinician.

Any STRAT notes should be shared so that our clinicians can ensure that the right care is being provided.

Ideally the medical should be booked in as soon as possible to avoid losing any evidence. We would not advise that an ABE is held prior to the medical.

6. Aftercare

All cases will be offered referrals to other agencies such as ISVA, Counselling, GP, Mental health, Health visitors, Paediatricians and other organisations depending on their needs.

Under 13’s – We test under 13’s for sexually transmitted diseases and follow up with each child allowing for incubation periods.

13-17 years old – we refer to sexual health for follow up.

7. Reports.

All non-acute cases will have a report written following peer review by one of our senior clinicians.

Acute cases for under 13’s also follow this process.

Should you require a statement from our Forensic Nurses or wish to chase the doctor reports then please email:

Westmids.cypreports@nhs.net

8. Feedback.

We’d really appreciate it if you would be willing to offer us some feedback.

We love receiving positive feedback about the service we provide, but we are also happy to receive any suggestions for improvements.

Knowing what we are doing right, and what we could do better, will help us to continue delivering excellent care.