

Internet Safety Resources

One of the best things you can do to keep your children safe online is to set some House Rules to set boundaries and expectations as early as possible. Here are a few you could use:

1. Limit time on the internet and stick to it! **Consistency is key!**
2. **Talk** about what they do online and what apps they go on. Check it out!
3. Take phone and all devices away at night/when you are away for long periods.
4. Seek **permission** from you before downloading any apps.
5. Regular **monitoring** - check search history, apps, talk history everyday or at least twice a week.
6. Accounts are private and location turned off.
7. Remember that all actions have **consequences** – even online.

House Rules

If your child is a victim of being groomed or exploited online, there are a number of ways you can report it...

Always call **999** if they are in immediate danger.

Visit www.CEOP.police.uk to report online.

Call **101** or visit

www.west-midlands.police.uk and access the live chat function.

If you need further information, advice or support around online safety, please contact your [local family hub](#).

If you need further information or advice on radicalisation or extremism, please email the Prevent inbox at: Prevent@Coventry.gov.uk

Useful Links

[ParentSafe](#) – An amazing resource page from the London Grid for Learning (LGfL) with guidance and videos on a variety of topics online, including safe settings and controls, and how to talk to children about online life. Information and resources to support you with the most important topics affecting children online today, including:

[Sending inappropriate images](#) [Accessing pornography](#) [Bullying](#) [Extremism and radicalisation](#)

[Gangs and county lines](#) [Fake news and hoaxes](#) [LGfL Parent Support](#)

[Internet Matters](#) - Step-by-step guide on how to set parental controls on a number of devices, internet connections, gaming and social media apps.

[SafeToNet](#) - A cyber-safety company which is fast becoming the leading global authority in online safeguarding. SafeToNet has developed pioneering, award winning and patented technology that includes artificial intelligence to tackle key online threats such as cyberbullying, sextortion, grooming, abuse, and aggression. It provides real-time advice and guidance for children and parents about online issues as they arise. Check out the SafeToNet parental control app [here](#).

[ParentZone](#) – Download fun and free activities to help your children be safer and savvier online.

[Think U Know](#) – Brilliant resource offering advice, activity packs, and videos to help parents and carers navigate difficult online issues with their children.

[NSPCC](#) – A host of resources based on years of research and expertise. NSPCC also have a freephone number that you can call to get advice on Parental controls/settings/IT help: 0800 800 5002.

[Cyber Choices](#) – Guide to help parents and carers understand cyber-crime. Explains where the legal boundaries are online and provides resources children can use to develop their cyber skills in a positive and productive way.

[Quick Guide](#) to keeping children safe from online hate, extremism, and fake news.

[EducateAgainstHate](#) - Website with resources and advice to help safeguard children from radicalisation and extremism.

[NetMums](#) – NetMums have partnered with counter-terrorism policing to promote Act Early, a safeguarding website for parents, friends and families who are concerned about loved ones at risk of radicalisation.

[My Friend Frank](#) – Award-winning short film by Safen3t, a consultancy offering counter-extremism expertise. The film provides a realistic insight into how seemingly innocent Video Games can be used by predators to influence & gain the trust of young people.