

SUMMER NEWSLETTER



July 2022



LEAVERS EVENT

In this edition we say goodbye to our Year 11's who celebrated the end of their Secondary School years with a glitzy event hosted at Coventry University. Be sure to look inside to see pictures from the day!

TRIPS AND EVENTS

It's been a busy school year. In this edition, we look back at what pupils and staff have been doing to enhance learning inside and outside the classroom. We also catch up with the Outdoor Education team to see the progress they have made with the garden spaces at Whitmore Park Annexe.



KEEPING ACTIVE OVER THE SUMMER HOLIDAYS



In this edition, we explore ways in which you can keep yourself busy over the Summer break. You can also take a read through 'The Wonderful World of Wellbeing' for guidance and support.

Welcome from the Head Teacher

Mrs Cutler

Welcome to our 'new look' newsletter!

I hope you enjoy reading about all of the different activities, visits and initiatives that have taken place across our service this term. It certainly has been a busy summer.

For some of you, this will be the final newsletter you receive from us as your child will be leaving us to move on to their new setting in the Autumn. We wish you continued success on your onward journey.

For others, your journey is either just beginning with us or is continuing into September. Please enjoy reading about all of the opportunities that the Class of 2022 benefitted from in the knowledge that you too will have lots to look forward to next academic year, inside and outside the classroom.

As always, I would like to thank our wonderful pupils for their hard work and resilience this year, and for making our school a really positive and rewarding place to work. Thank you to you, our parents and carers, for your support and commitment to your child's learning. And finally, thank you to our governors and staff who work tirelessly to ensure that the Hospital Education Service provides an excellent service for all who use it.

I wish you all a safe and enjoyable summer.

HES Re-brands British Values

Mrs Sykes - Lead Teacher for History

Currently it is a statutory requirement for all local authority schools, independent schools, academies, free schools and maintained schools to 'actively promote' the fundamental British values of:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect and tolerance of those with different faiths and beliefs.

These values were first set out by the government in the 'Prevent' strategy in 2011. It is a requirement for schools to have a clear strategy for embedding these values and show how their work with pupils has been effective in doing so.

In the past the Hospital Education Service has worked at promoting these values through our subject based teaching curriculum and PSHE programme but also through co-curricular opportunities such as our pupil ambassador roles, pupil-led post-exam programme, pupil panels for job interviews, display boards, educational visits and behaviour and anti-bullying policies to name but a few examples.

However on completion of a staff and pupil questionnaire the overwhelming consensus was to make the values outlined as 'British values' more inclusive for our already inclusive service. It was decided to embed British Values into a much wider framework of values which we will now refer to as, 'Our Values'. The feedback from the questionnaires made it clear that the common values we share, including fundamental British Values, could be promoted even more effectively across our curriculum areas and service.

Next term, Mrs Sykes will be working collaboratively with staff, governors and pupils to re-brand 'Our Values' and keep us all updated with her progress. Watch this space!

IMPORTANT DATES

SEPTEMBER

5TH - TEACHER TRAINING DAY
6TH - WPA ORIENTATION DAY
6TH TO 9TH 1:1 ORIENTATION WEEK
12TH 1:1 LESSONS BEGIN

OCTOBER

24TH - 28TH HALF TERM WEEK
BLETCHLEY PARK TRIP (TBC)

NOVEMBER

7TH - 18TH MOCK EXAM/ASSESSMENTS

DECEMBER

INSPECTOR CALLS TRIP (TBC)
A CHRISTMAS CAROL TRIP (TBC)
19TH - 30TH - CHRISTMAS HOLIDAYS

THE WONDERFUL WORLD OF WELLBEING

Wellbeing Spotlight: #SelfCareSummer



The summer holidays offer an opportunity to recharge, but some young people may find themselves struggling without the structure and support network of school. Here are some creative activities based on self-care strategies that other young people have found useful in helping them stay mentally healthy.

1. Relationships and connection: Spending time with trusted people, like friends and family, is important for your wellbeing. Whether it's a listening ear, shoulder to cry on or advice, we all need someone we can turn to.

2. Play and entertainment: Playing might not seem important for your wellbeing but it can help you explore your thoughts and emotions, escape from reality or simply to relax and have fun.

3. Relaxation: We can often find ourselves being busy with plans but remember it's okay to pause, take time for yourself, relax and recharge.



4. Physical Activity: Keeping active can positively impact your mood and wellbeing, and you can do it your way, whether it's dancing, sports, going to the gym or simply going for a walk.

5. Creativity: Finding ways to be creative can be an opportunity to express yourself and focus on the present moment. This could be through acting, cooking, drawing, writing or making music – whatever takes your fancy!

6. Emotional health: Practicing self-kindness is not always easy but being your own best-friend, however this might look, is important when looking after your mental health and wellbeing.

For more information on self-care, check out the Young Minds website: <https://www.youngminds.org.uk/young-person/coping-with-life/self-care/>

Source: <https://www.mentallyhealthyschools.org.uk/>



THE WONDERFUL WORLD OF WELLBEING

The Wait for Exam Results

Waiting for exam results can be a stressful time and can be a period of anxiety for both teenagers and their families worrying about the future. The Anna Freud Centre is offering a series of webinars, aimed at parents, carers and family members who have children in Year 11 and Year 13, providing attendees with strategies to support young people who are waiting for their results.



The webinar that you register for will be led by Anna Freud Centre education and mental health experts and will also include tips for parents and carers to manage their own wellbeing during this time. There will also be opportunities to ask questions.

A selection of weekday dates and times are available: 1, 3, 5, 8, 10 or 12 August, at either 09:30–10:30 or 13:00–14:00. Register for free now.



Anna Freud
National Centre for
Children and Families

Wellbeing Support

Over the holidays you may need to contact someone for support. Below are a list of support networks available if you have any issues or concerns and need someone to speak to.



Remember to speak out if you are worried and find support when you need it.

- Phone the **Samaritans** on: 116123 free 24 hour confidential helpline
- Call **ChildLine** on: 0800 1111 free helpline 9am- midnight for children & young people in danger and access to the website 24 hours a day with lots of useful tips.
- Text **Chat Health**: Coventry 07507 331949 Warwickshire 07507 331525 for 11-19 year olds (Monday- Friday 9am-5pm including school holidays)
- Contact **YoungMinds**: 0808 802 5544 or youngminds.org.uk (Monday-Friday 9:30am-4pm)
- Contact **The Mix**: Chat online 4pm-11pm, Call 0808 808 4994 4pm-11pm 7 days a week. Or TEXT The Mix to 85258 24 hours 7 days a week.

In case of an out-of-hours emergency, contact an out-of-hours GP on 111 or visit a local Accident & Emergency Department.

Mrs Stringer - ACT Lead

Be Yourself; Everyone Else Is Already Taken

On Thursday 16th June, pupils from HES took part in a workshop with Daniel Lismore at the Herbert Art Gallery and Museum. Daniel is a world-renowned fashion designer and artist and creates pieces of art that are transformed into wearable costumes. The costumes are often sculptures and being the artist he is, he wears them and sees himself as a living artist. Daniel grew up not far from Coventry in the village of Fillongley and pupils were thrilled to be working with a local artist.

During the workshop, pupils could choose from an amazing array of fabrics, jewellery and wire. They designed their own mannequin in reds and blacks and created their own masterpieces. Daniel took the time to get to know our pupils and described his own experiences of bullying and feeling on the outside. It was from this experience he developed his confidence and now truly believes you should always be yourself because 'Everyone else is taken!'

Overall pupils and staff had an amazing experience, being allowed to freely create, collaborate and enjoy being an Artist themselves. The mannequins produced were on display at the Herbert Art Gallery. A selection of photos from the exhibition are below.

Thank you to Mrs Gregg for organising and keep an eye out for more Art trips in the future.



Coventry Train Station Visit

In June, a group of students visited the newly renovated Coventry train station for a behind the scenes tour. Our tour was conducted by two of the head civil engineers working on the project and they took us through the timeline of the development before showing us around the new building. Try our multiple choice quiz to see how much you know about the new station:

1). How many passengers travel through Coventry station each year?

7.3 million 10.9 million 12.5 million

2). To the nearest 100, how many people worked on the project?

300 500 700

3). How much did the new station cost?

£45,000,000 £64,000,000 £78,000,000

Answers can be found on page 10

Year 11 Fun, Frolics and Farewell Event

Every year HES arranges a leavers event to formally say goodbye to Year 11 pupils once they have completed their exams. This year was no ordinary year with HES Pupil Ambassadors taking charge and organising an unforgettable event at Coventry University. The graduation event hosted at the Richard Crossman Building on the Coventry University campus included the Whitmore Mega Annexe video, gifts from HES and the leavers hoodies pupils always look forward to taking away with them as a keepsake of their time with us.

We wish all of our year 11 pupils the very best of luck for the future and we look forward to hearing from you from your new settings.



Update from the Outdoor Education Team

Mrs Ingram - Intervention Teacher

It's been another busy year in Outdoor Education with the pupils working as a team to improve our outdoor space and make it as 'wildlife friendly' as possible. To this end, the students scored the ground on three sides of the building and planted wild flower seeds in April, in order to create a wildflower meadow. Although the poppies and wild flowers have now died, there are lots of long grasses, dandelions and daisies which have been attracting a variety of bees, butterflies and moths to our site. Also, a natural hedgerow of beech, hawthorn, blackthorn, hazel and alder has been planted to screen the left hand side of our site entrance pathway and to create more wildlife habitats in our grounds.

We collected a variety of tree saplings from Brandon Marsh and the students planted these on site, in order to help our city become 'greener' and help off-set our carbon foot prints. The students have been busy planting and tending our vegetable patch and we look forward to harvesting carrots, french beans and a pumpkin when they have matured.

The team are responsible for creating a bark walkway around the edge of our building, all the way around to the Inspire Classroom. This proved challenging at times; removing the first few centimetres of soil in order to lay a fabric base layer on which to layer the bark chippings. It will be of great value in the soggy, wet weather of winter when some students have to negotiate the journey around the perimeter of the building.

We finished the term with the students making individual fires using fire strikers. The students made their own kebabs, which they barbecued and then toasted marshmallows. Congratulations to Hayden who quickly emerged as 'chief fire lighter', 'fire safety warden' and 'Barbecue King.' We look forward to another busy year starting in September, where we will spend the first half term re-establishing our gardens before visiting Brandon Marsh regularly during the winter months.



(Left) - Hayden and Vicky from WWT enjoying fruit and veg kebabs



Right - Callum working hard and laying the bark for the new path to the Inspire Classroom

Sensory Curriculum Supports Super Students

This year HES Primary pupils have been able to enjoy a sensory-rich curriculum in their homes with the help from our tutors and some magical equipment and resources. Activities are planned around a learning theme and allow pupils to become fully immersed into a sensory experience allowing them to develop cognitive, communication and thinking skills in a variety of contexts.

Activities are tailored to pupils needs and their learning styles. Our teachers are trained to support pupils make progress and often use exciting and unusual methods to support learning.

Thank you Mrs Palmer for arranging this for our pupils and thank you to parents for supporting.

Note: Images below have been consented for in line with the school photo policy. Please do not use without school permission.



Science Department gets the Royal Approval (Well kind of!)

We were thrilled to hear our very own Mrs Glenn, Lead Teacher for Science, was featured by the Royal Academy of Engineering for the work she does on STEM around the school. STEM which stands for Science, Technology, Engineering and Maths is an Education wide focus on greater collaboration of these principles. Mrs Glenn, behind the scenes has been working hard in science to create experiences for pupils to better understand STEM topics. Over the years we have seen pupils creating rollercoasters (mini of course) and even looking at the way Hot Wheels works to get a hands on understanding of Engineering. And now rightly so has been featured in a publication from the Royal Academy of Engineering for the amazing work that has taken place. Mrs Glenn even got a shout out from the Twitter Account which has over 49,000 followers! Well nothing matches the shout out you get from us, here at HES! Well done Mrs Glenn!

RAEngEducation

2,335 Tweets

Follow

RAEngEducation @EduRAEng · 15 Jun

We are proud to be celebrating #10YearsofCST!

Check out our brochure showcasing the #STEM achievements of teachers and students from across the country: raeng.org.uk/connecting-ste...



Tweet featuring Mrs Glenn from the Royal Academy of Engineering

Theres light at the End of the Tunnel

As part of a Global Battery Experiment, pupils from HES were asked to look at how household items can be used to power an LED light. Everyday items including coins, aluminium foil, cardboard and even vinegar were used to light an LED. Pupils were taken by surprise to see that items that would typically be thrown away could be used to create a light energy. Data taken from the experiment was then shared globally, and results of other pupils from around the world could be reviewed.

Mrs Glenn commented, "It was fascinating to hear pupils analysing and sharing thoughts on why the results varied globally. Ideas were then shared to explore the differences in the metals used in coins, type of vinegar used, the temperature of the country and how these are determining factors in lighting an LED."

Well done to all pupils that took part and Thank you to Mrs Glenn for putting on this experience.



Updates from the Hospital School (UHCW)

Mrs Morshead - Hospital School Lead

The highlight of our term has been the lifting of some Covid-related restrictions from the paediatric wards. This has meant that we can now use our wonderful new book trolley. Pupils have been so excited to choose books each day after lunch with our Harry Potter joke book, graphic novels by Dav Pilkey and 'The Chimpanzees of Happtown' proving the most popular so far!

We have also been able to use our classroom to its full extent again, welcoming up to three pupils at a time. The opportunity to have learning time away from their hospital beds has been received with delight by pupils, parents/carers and medical staff in equal measure. One child was permitted off the ward to take part in a Science lesson outside in the hospital's nature area; we tasked him with finding out about the minibeasts residing there, observational drawing and bark and leaf rubbings.

Below are a few collages created by pupils on the Primary ward.



No wrong numbers here!

Mrs Dye - Lead Teacher for Maths

National Numeracy Day was held on the 18th May 2022 and this year's theme was 'The Big Number Natter'. Everyone has something to say about maths and this year we encouraged our students to share their maths story and reflect on the barriers that they had overcome. Students were able to enter a general knowledge numeracy quiz with the chance to compete for a £10 voucher!

NationalNumeracy.org.uk host and promote this event and offer a range of online support for young people and adults who would like to improve their numeracy skills. If you would like further information or support, please contact Mrs Dye.



Railway Answers 1 - 7.3 million, 2 - 500, 3 - £78,000,000

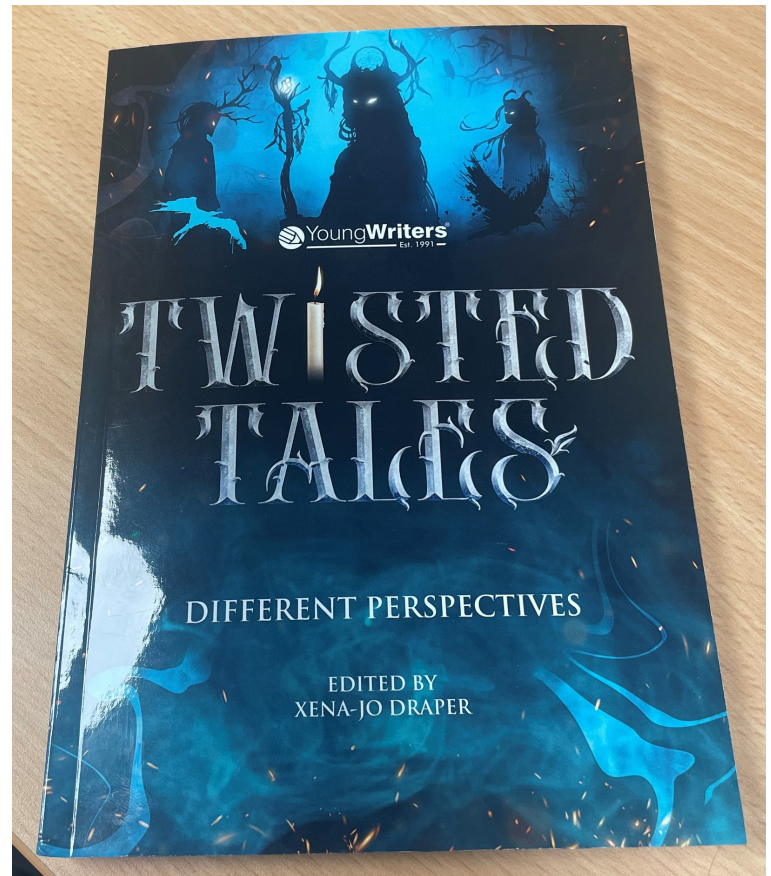
Top Writer featured in Twisted Tales

Mrs Conway - Lead Teacher for English

The Hospital Education Service is delighted to announce the publication of one of our student's writing in the Young Writer's 'Twisted Tales: Different Perspectives' anthology.

EL is a skilled and creative writer who more than met the challenge set by the Young Writers 'Twisted Tales' competition. The brief was to write a short story of only one hundred words to show another side to a storybook villain. One hundred words was not as easy as it seemed! With some skilful editing and manipulation of vocabulary, EL crafted a wonderful story 'The Reluctant Reaper' exploring the Grim Reaper's softer side. We are extremely proud of EL's hard work and creative flair.

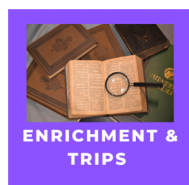
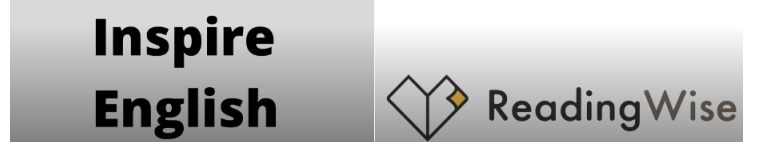
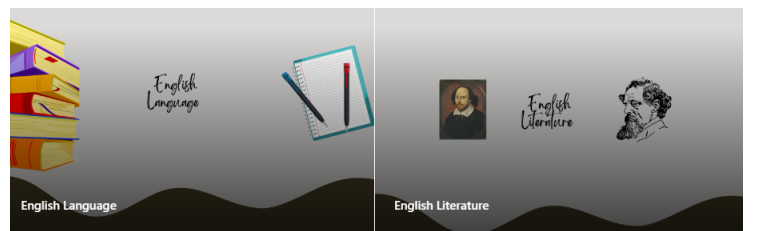
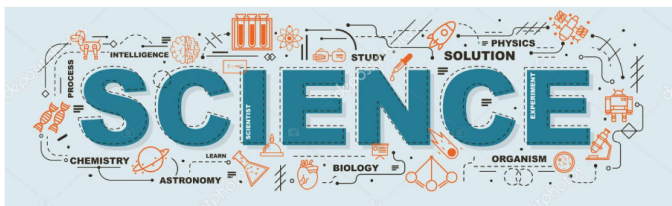
Well done EL and you can find Twisted Tales at the Whitmore Park Annexe Library



HES launches new Subject SharePoint Sites

Over the academic year, teachers across the school have been working hard to create subject sites for pupils to access lesson content to enhance their learning. We now have Science, English, Maths, History sites with other subjects looking to launch soon.

All pupils can access HES subject SharePoint sites via the CELCHES Homepage. We will have an official launch in the Autumn Term, so watch this space!



Summer Fun



Book up now so you don't miss out, places will fill up quickly
Google **Coventry HAF** or visit coventry.gov.uk/haf

Delivered with partners by Coventry City Council and funded by the Department for Education



Increasing the economic prosperity of the city and region



Improving outcomes and tackling inequalities within our communities



Tackling the causes and consequences of climate change



Continued financial sustainability of the Council



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