

INCLUDING ME



A WORKSHOP TO HELP YOU INCLUDE NEURODIVERSE YOUNG PEOPLE

We hope to

Help you develop awareness of the barriers for neurodiverse young people within mainstream youth offers

Challenge the preconceptions of working with SEND

Develop your confidence in supporting neurodiverse young people within your offer.

Spark change in your offer through small adjustments



Today will model a good approach to neurodiversity, so...

No death by PowerPoint, we won't ask you to read, listen and process all at the same time

Information will be short, clear and to the point - avoiding overload

Be interactive, and inclusive to different learning styles

There will be lots of breaks or time out, the option to leave the room

Extra time to process information



On your table is a plan for the day

This will allow you to check where we are

Help us keep to time

So you know what to expect and what is coming next

Help you if we need to make unexpected changes

PLAN OF THE DAY

9:30- welcomes and round the room
introductions, who we are, what is Grapevine

9:40 - Aims for the workshop design of the
workshop

9:50 - Scardy Pants

10:00 What is Autism?

10:20 - Aspirations and hopes for the 'Typical'
Youth Club Member (specific to your club)

10:30 - Comfort break

10:40- A World Through Different Eyes -
Janson's film

10:50- Returning to the Youth Club Member,
adding Neurodiverse Challenges (specific to
your club).

11:00 - Comfort break

11:10- Recognising Needs, including
sensory needs

11:15 - discussion, downloading
information

11:25- Your space/offer. What meets?
What doesn't, yet?

11:35- Sharing ideas/changes

11:30 - comfort break

11:40- Reflection on day's learning-
identify your adjustments

11:55- share if you wish/Download the
day

12:10- Network, goodbye



But what if...

WHAT IS AUTISM?

ASPIRATIONS FOR YOUNGSTERS



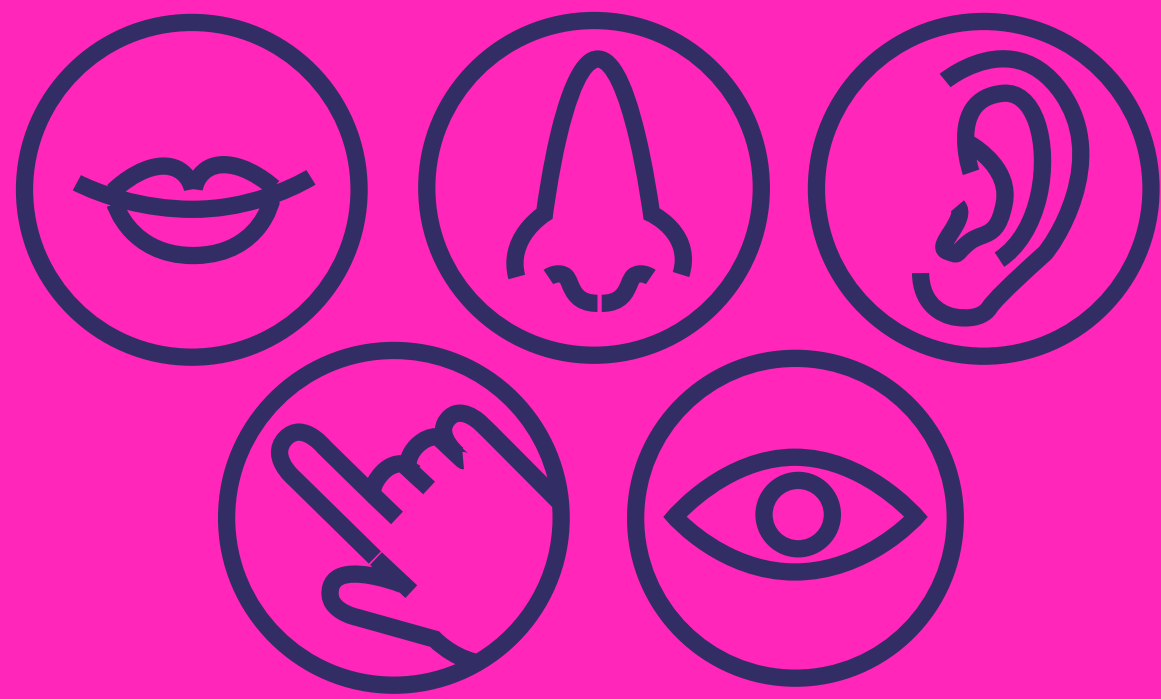


A World Through Different Eyes



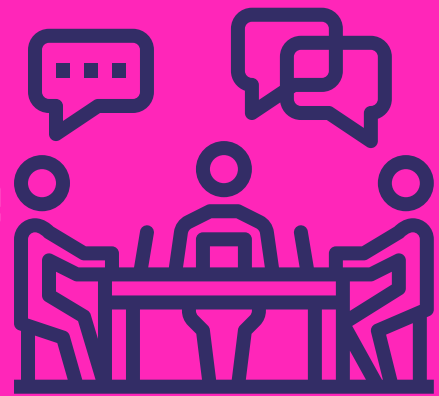
CHALLENGES FOR SEND YOUNGSTERS

RECOGNISING NEEDS



Sensory Considerations

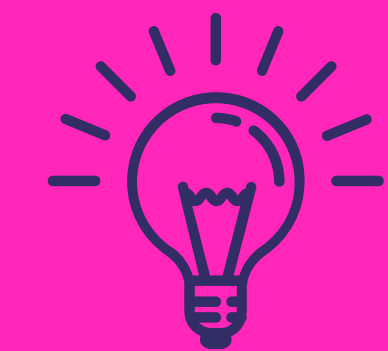
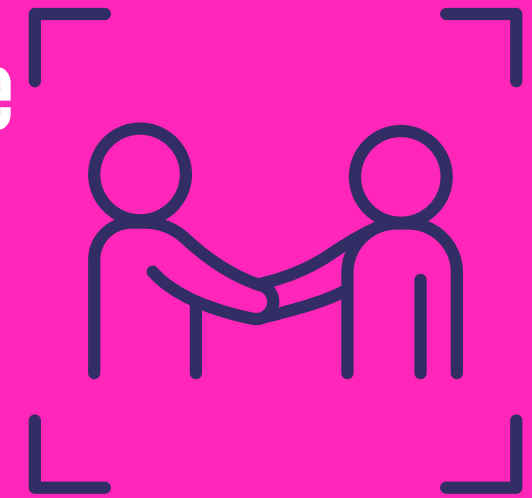
How big is your area? Do you have a quiet space?



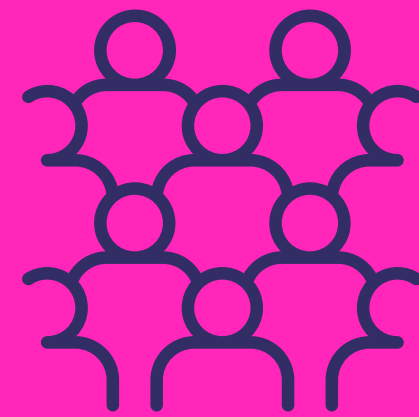
Are there any strong smells? Can you create an airflow?



Do your activities involve touch? Can you use a traffic light system?



How bright is your lighting/ Can you adjust it?



How many people are there? Can you limit group sizes?



Are there any sudden or repetitive sounds? Can you use gentle music to distract from it?

Reflection

Identify one thing *you*
can change in your
practice or setting
immediately to make it
accessible for
neurodiverse people.



A graphic of a spiral-bound notebook with a white page and a red cover. The page is ruled with horizontal lines and has eight orange spiral binding rings at the top.

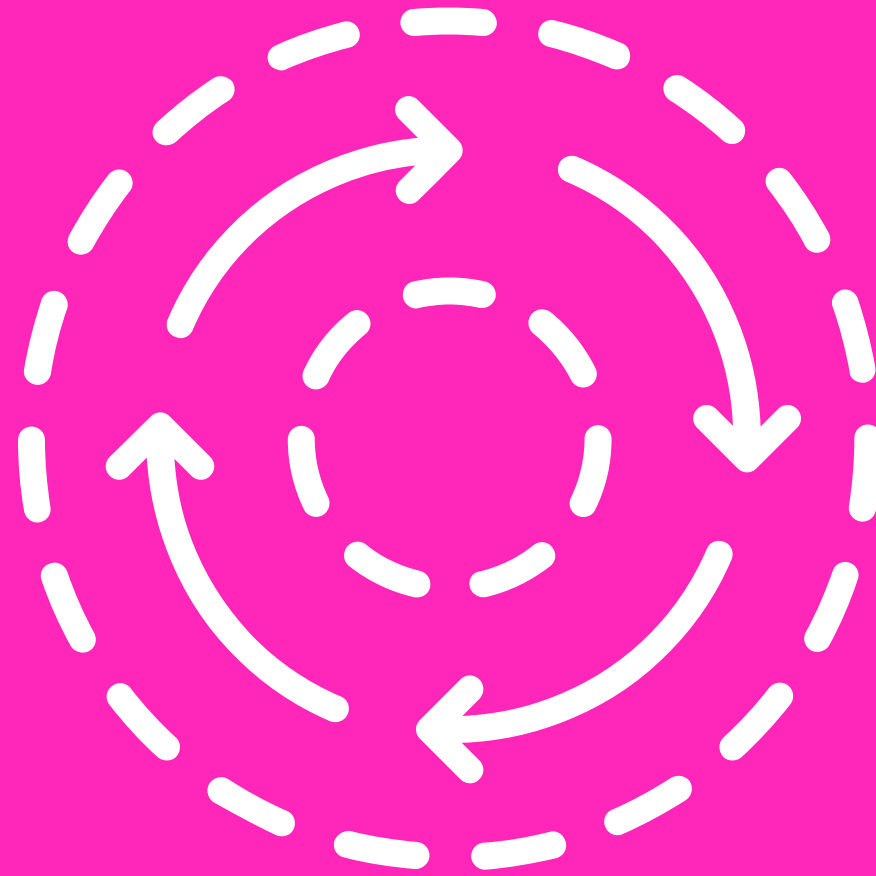
Processing time and plans



Movement



Consistency



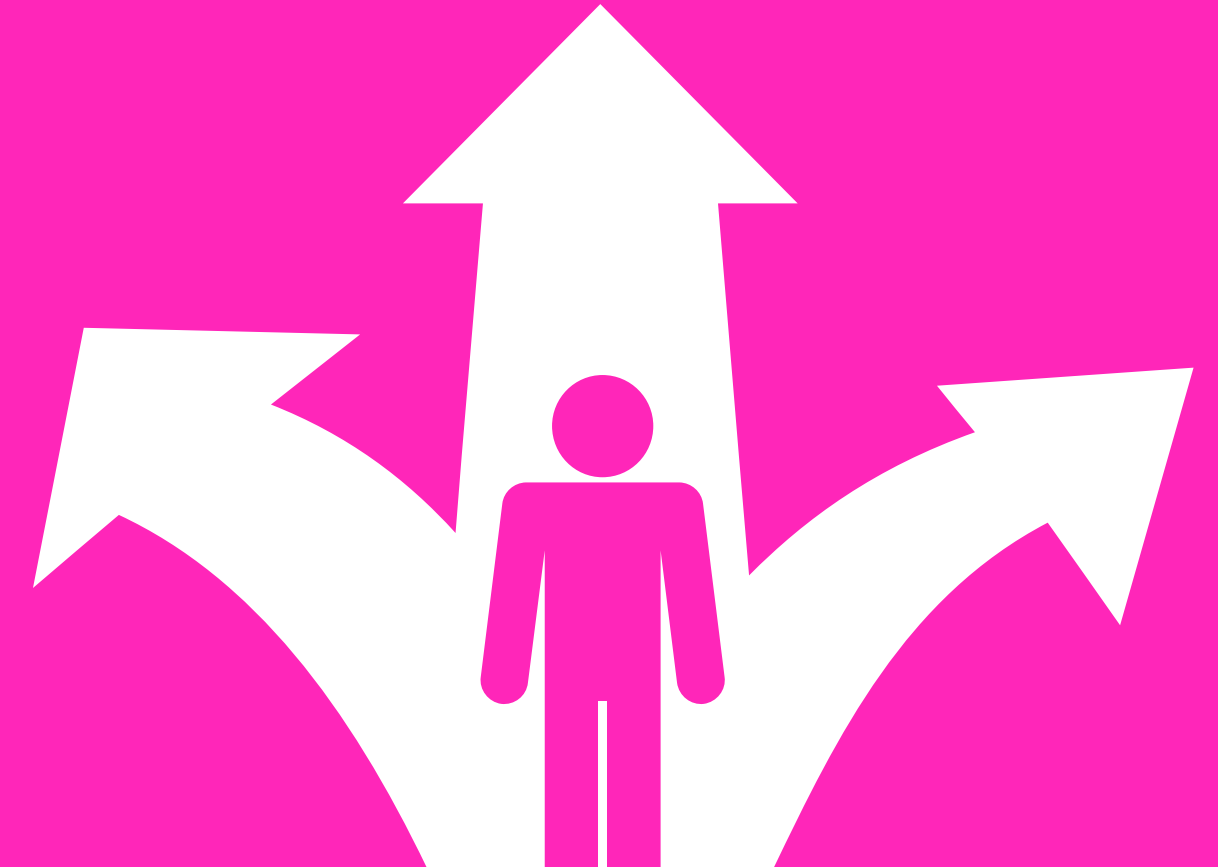
Concise information



Extra breaks



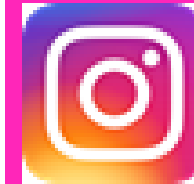
Choices



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