





# Coventry Holiday Activities and Food Provider Toolkit 2024



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### Welcome

As a trusted and valued Service Provider of Coventry HAF, we know you play a vital role in helping us to bridge the holiday experience gap that exists for so many families receiving benefits related free school meals and other families. This toolkit offers a comprehensive guide, designed to facilitate smooth collaboration and efficient service delivery. As a valued partner in our operations, your role is pivotal in ensuring club activities run seamlessly and meet the highest standards of quality and timeliness.

Contained within these pages are checklists crafted to assist you in planning and delivering your programmes effectively. These checklists are tailored to various aspects of club activities, covering everything from policies and insurance to food, activities, and marketing. They serve as valuable tools to help you navigate the intricacies of our requirements, ensuring clarity and alignment every step of the way.

#### **Purpose**

This structured and concise format provides a clear overview of the programme, its objectives, target audiences, and checklists for effective implementation. It also highlights the importance of the Service Providers' role in ensuring the success of the Coventry HAF Programme.

#### **Implementation Guide**

We encourage you to utilise the checklists provided to incorporate them into your operational processes and ensure all aspects of the programme are covered. For any questions or further clarification, please contact the Coventry HAF Team at <a href="mailto:haf@coventry.gov.uk">haf@coventry.gov.uk</a>

#### **Conclusion**

Thank you for your dedication and commitment to our partnership. Together, we can achieve outstanding results and deliver exceptional outcomes for our children, young people and their families.

#### **Background**

The Department for Education (DfE) confirms the funding available to Coventry annually. This funding enables the Council to deliver holiday programmes during the Easter, Summer and Christmas school holidays. As part of the HAF Programme, HAF Providers deliver sessions for a minimum of four hours, with at least 60 minutes of physical activity each session, nutritional education and fun, enriching activities, and a meal meeting the school food standards.

#### **Objectives**

The main objectives are to support the physical, mental, and social wellbeing of children and young people in Coventry by providing enriching activities and nutritious food.

#### **Target Audiences/Eligibility**

Coventry HAF is aimed at:

- Children and young people eligible for or receiving benefit-related free school meals
- Children and young people from 'vulnerable' households, including those:
  - Known to Children's Social Care (Children in Care, Child Protection Plan/Children in Need Plan)
  - Assessed (through an early help assessment) to be in financial hardship
  - Part of the Ukrainian Family Scheme or the Home for Ukraine programme
  - Children and young people in Years 12-13 are eligible if they are in receipt of benefits-related free school meals and either have an Education Health and Care Plan or are receiving SEN support at their place of education

Additionally, Coventry City Council supports families not eligible for the HAF Programme by signposting to other activities via our website.

## DfE's Holiday Activities and Food Guidance

### What is the Holiday Activity & Food programme?

Research has shown that the school holidays can be pressure points for some families. For some children that can lead to a holiday experience gap. Children and young people from low-income households are:

- Less likely to access organised out-of-school activities
- More likely to experience 'unhealthy holidays' in terms of nutrition and physical health
- More likely to experience social isolation

The HAF programme is a response to this issue. Evidence shows that free holiday clubs can have a positive impact on children and young people. They work best when they:

- Provide consistent and easily accessible enrichment activities
- Cover more than just breakfast or lunch
- Involve children and parents in food preparation
- Use local partnerships and connections, particularly with the voluntary, community and faith sector

#### Aims of the HAF programme

There are many benefits for children and young people who attend the programme. We want to encourage all HAF Providers to ensure a high-quality experience that will result in children:

Receiving healthy and nutritious meals



Maintaining a healthy level of physical activity



Being happy, having fun and meeting new friends



Developing a greater understand of food, nutrition and other health-related issues



Taking part in fun and engaging activities that support their development



Feeling safe and secure



Getting access to the right support services



Returning to school feeling engaged and ready to learn



Families can also benefit, when the HAF delivery partners include their needs in planning and delivering their programme. This could be through:

- Providing opportunities to get involved in cookery classes
- Ensuring they are signposted towards other sources of information and support, such as health services or employment and education opportunities

#### **Key Policies and Information**

This section is dedicated to key policies and information which will support your planning and delivery. Clear understanding and adherence to these policies are fundamental to maintaining our standards of excellence.

By familiarising yourself with this information, you will be well-equipped to align your operations with our goals, uphold compliance, and deliver exceptional programmes consistently.

Please take the time to review each policy and piece of information carefully. Should you have any queries or require further clarification on any aspect, our team is readily available to assist you. Together, let's uphold the highest standards of integrity, efficiency, and reliability as we collaborate to achieve our shared objectives.

- Coventry HAF webpages
- HAF Programme Guidance from the DfE
- Local Authority Designated Officer (LADO) concerns about a practitioner working with children
- Multi-Agency Safeguarding Hub (MASH) and how to report a safeguarding concern
- Coventry Young Persons Guide to Safeguarding
- <u>Child Friendly Cov our approach for Coventry to be the</u> best place for children and young people
- SEND local offer of support and services
- Coventry Family hubs
- · Cost of living and wellbeing support
- Coventry social supermarkets & food banks
- Coventry Family Information Directory
- Coventry City Council's Data Protection approach
- Coventry City Council's vision and plan-2022-2030



### **Booking System and Processes**

All Coventry HAF providers use our centralised HAF EEQU booking system to:



#### Create a highquality listing

Ensure it is attractive to parents and contains full details about the activities, staff and organisation



### Review and approve bookings

Manage bookings from parents/carers and young people, and referrals from the Council, schools or other professionals



### Complete an online register

Record attendance and non-attendance of children, young people and families who have booked a place at the provision promptly at the end of each day



#### Follow-up on nonattendance

Engage with parents and young people to provide support and maximise future attendance

Attendance registration is essential as it allows the software to accurately collate and record information about each participant and facilitates the programme monitoring and evaluation requirements outlined in this toolkit.

Providers shall work in partnership with the HAF programme team to develop or implement systems that will improve the booking, referral and service eligibility checking process for the HAF programme.

During the programme mobilisation period, the council will confirm any additional arrangements that will be in place to:

- Manage the 15% of free places available to non-FSM eligible children
- Ensure eligibility: Help ensure only eligible children, young people and families are accessing free places on the programme
- Maximise reach: Help ensure the programme is reaching the most children, young people and families

The Club has:	In Place	Action
Published a listing which is accurate and informative		
Accepted bookings in a timely manner		
Marked the register on system on the day of the session		
Chased non-attendance each day		

## Data Collection, Monitoring and Evaluation

Providers must collect a specific set of data throughout the programme. All information must be collected and stored in line with the General Data Protection Regulation (GDPR) requirements.

In order to monitor service activity, derive as much learning as possible about the programme and provide regular reports to Council staff and the Department for Education, the HAF programme team supplies a template for providers to collate and report on the following after each holiday period:

- Number of unique children and young people that attend a place at the holiday club
- Number of parents / carers that participated in the programme
- Feedback from participants, their families and carers
- Case studies and particular highlights

All data in relation to children and young people who participate in a HAF programme will be collected from the centralised booking system and it is therefore mandatory for providers to ensure session details, registers and food provision information is recorded accurately and in a timely fashion.

Weekly reports on bookings and attendances will be reviewed by the HAF delivery team and issues will be raised with providers to resolve them as soon as is practically possible. Providers should proactively monitor bookings and attendances and take steps to address any issues routinely.

Where necessary the HAF programme team may ask providers to supply additional information or complete / circulate surveys.

Service providers must allow the HAF programme team or other authorised Council officers access to the holiday club to observe the provision.

Upon request, the service provider shall make available individual site and activity risk assessments or policies and procedures, invoices, staff certification, etc.

The service provider shall comply with any such further monitoring provisions as Coventry City Council may reasonably require during the period of the contract.



### **Marketing and Communications**

#### **Marketing Materials**

We will provide digital marketing materials for you to use and share such as logos, posters, flyers and social assets, ahead of each holiday programme to help you advertise your clubs. You will be able to access these on the Coventry HAF webpages.

You can use your own posters and visuals to promote your offer, although as a minimum requirement, we ask you to add the Department of Education and the Coventry City Council logos to each of your marketing materials, to show families that you are part of the Coventry HAF programme.

We recommend you amplify your HAF provision locally, by attending community events and speaking to families, building relationships with local schools, and building an online presence, to identify eligible children and young people in your area and show what you can offer eligible families.

#### **Social Content**

Tag @CoventryHAF on Facebook and @haf\_coventry Instagram so we can re-share your posts to show our target audiences what activities your clubs offers to children and young people.

We encourage you to use the hashtag **#HAF2024** during the HAF Easter, summer and Christmas 2024 school holidays, as the Department of Education will be monitoring these posts and it will also help market your provision.

We also encourage you to use the hashtag **#CoventryHAF**, as the team will be able to see your club offer and we can re-share your posts to help market your provision as well.

### **Social Media Template Posts for HAF Holidays**

#### Before bookings go live

Bookings for our funded @CoventryHAF holiday clubs go live on [X]! #HAF2024

If your child is eligible for HAF, you can book using our booking system.

Find out more: Coventry HAF webpages

#### When bookings go live

We are offering funded holiday club spaces with @Coventry HAF that are now live to book! #HAF2024

Eligible children and young people can be booked a space at our HAF clubs using our <u>booking system</u>

Find out more: Visit - Coventry HAF webpages

#### Timeless social media copy

To be posted in between holidays if applicable. Please adjust accordingly.

• Come and join our HAF clubs! We are offering exciting activities such as [X], [X], and [X], supporting eligible children and young people's physical, mental and social wellbeing with @CoventryHAF

Find out more: Visit - Coventry HAF webpages

 We are a @Coventry HAF provider that [insert a bit about you], helping to support families and children's physical, mental and social wellbeing through activities such as [X], [X] and [X]!

Find out more: [link to your website or <u>Visit - Coventry HAF webpages</u>

### **Checklists Introduction**

Planning, preparing and delivering successful HAF clubs require lots of elements to come together seamlessly and keeping track of those elements can be tough.

Checklists serve as invaluable tools in ensuring thoroughness, consistency, and accuracy, providing a structured framework to systematically review and verify tasks, processes, and requirements.

These lists are not exhaustive and are designed as a guide for the minimum standards expected from our Coventry HAF Providers.



### **Provider Policies and Insurance**



Providers must demonstrate that they have relevant and appropriate policies and procedures regarding safeguarding, health and safety, insurance, accessibility, and inclusiveness. (Providers responsibility to ensure policies are in date)

The Club has:	In Place	Action
Safeguarding Policy (Copy required with annual review date)		
A Health and Safety Policy (Copy required with annual review date)		
Food Business Registration (Include no: if applicable)		
Completed activity and venue risk assessments (Copy required per club/activity/trip)		
Trip's – Any additional policies (le Go Ape/The Beach)		
A Child Protection Policy		
A Mobile Phone Policy		
A Complaint's Policy		
A business continuity plan for the programme		
A Photography/Videography Policy		
A Prevent Duty Policy		
A Privacy Policy/GDPR Policy		
A Recruitment Policy		
A Whistleblowing Policy		
An Anti-Bullying Policy		
An Employee Code of Conduct		
An Equality and Diversity Policy		
An Inclusion and Accessibility Policy		
Completed activity and venue risk assessments		
Ofsted Registration (if applicable)		

	Cove	entry Holiday Activities and Food - Provider Toolkit
Public Liability Insurance and Employer's Liability Insurance policies – current and with sufficient cover		
Read and implemented the HAF Safeguarding Policy		

### **Key Club Visuals**



In today's dynamic environment, clear and engaging visual displays play a crucial role in conveying information, enhancing understanding, and promoting engagement. This checklist serves as a guide to ensure that our visual displays are informative, accessible, and aligned with the HAF Programme goals. This information should also be sent digitally to parent/carers.

The Club has the following on physical displays	In Place	Action
The Club has the following on physical display:	In Place	Action
Complaints procedure		
Contact information for the lead for your HAF club		
Designated Safeguarding Lead name and how to contact them		
Engaging family session details (signposting, referrals, nutritional education)		
Fire assembly point		
First Aider/s name and location of kit		
Funded by DfE and Coventry HAF logos		
GDPR Policy		
Menu for the programme		
Notice to parents, for example when children/young people need to wear specific clothing for activities or to bring sunscreen for trips, etc.		
Ofsted Certificate (if registered)		
Photography/videography Policy (Identification)		
Programme timetable		

### **Staff Training and Information**



This checklist serves as a systematic tool to ensure that staff receive the essential skills, knowledge, and procedures needed to deliver successful HAF Programmes. By following a structured checklist, providers can effectively onboard new staff members, standardise training across teams, and monitor progress to ensure consistent skill development and compliance with HAF Programme standards. This approach promotes a culture of continuous improvement across our HAF Programmes.

The Club has information on display the following:	In Place	Action
A single Central Record (For example - CPOM's)		
At least one DSL with appropriate training		
Conducted regular drills and training sessions on emergency preparedness, ensuring staff are knowledgeable about evacuation procedures, contacting emergency services, and maintaining calm during crisis situations		
Ensured all staff have undertaken an induction session at the venue prior to delivery of the HAF Programme		
Familiarised staff with club policies and operational procedures, covering topics such as attendance, supervision ratios, handling emergencies, use of facilities/equipment, and administrative protocols		
Provided guidance on building positive relationships with parents/guardians, discussing effective communication strategies, involving parents/guardians in club activities, and addressing parental concerns or feedback		
Provided staff with training on understanding child/ young person development stages and behaviors and are equipped with strategies for positive behavior management, conflict resolution, and promoting social- emotional skills		
Staff that are trained in planning and facilitating activities. Include guidance on selecting activities that promote physical fitness, creativity, skill development, and social interaction.		
Staff trained as Fire Wardens		
Staff trained in First Aid		
Supported ongoing professional development opportunities for staff, offering training workshops, webinars, and resources to enhance skills		

The Club has information on display the following:	In Place	Action
Trained staff on child protection policies and procedures, providing training on recognising signs of abuse or neglect, reporting protocols, and maintaining confidentiality. Staff understand their roles and responsibilities in safeguarding children and are trained to at least Level 2 in safeguarding.		
Trained staff on inclusivity, diversity, and cultural sensitivity. Staff are able to accommodate children/young people with diverse abilities, backgrounds, and learning styles, creating an inclusive environment where all children/young people feel valued and supported.		



### Safeguarding



Safeguarding and promoting the welfare of children is everyone's responsibility. We want every HAF club to be a safe and happy place for children and young people to be and for parents, carers and families to feel confident that their child/young person is well looked after and that robust safeguarding arrangements are in place.

As set out in working together to safeguard children, safeguarding is defined for the purposes of this guidance as:

- Protecting children/young people from maltreatment
- Preventing impairment of children's/young people's mental and physical health or development
- Ensuring that children/young people grow up in circumstances consistent with the provision of safe and effective care
- Taking action if you identify children/young people to be at risk of harm

The Club has:	In Place	Action
A clear understanding of which children/young people can travel home alone at the end of the session and a system for ensuring children/young people being collected only leave with an adult the parent/carer has designated		
A process for recording and monitoring safeguarding concerns or complaints		
A uniform or lanyard which makes staff identifiable to children/young people and families		
All staff and volunteers in regular contact with children, young people, and their information have an enhanced DBS certificate in place (conducted by the organisation and no more than 3 years old)		
Appropriate ratios of paid staff to children and young people		
At least one Designated Safeguarding Lead (DSL) with a current qualification		
Certificates for L2 safeguarding training for all staff working directly with children and young people		
Clear induction processes for new starters		
Clear procedures on how to raise concerns about unacceptable behaviour by staff/volunteers		
Confidential data secured securely		

The Club has:	In Place	Action
Consent for photography/videography for every participant		
Delivered appropriate training for all staff to deliver activities prior to commencement of the programme		
Implemented policies in day-to-day operations		
Parent/carer consent and emergency contact details for every participant, and readily available		
Read and understood Coventry's LADO procedure		
Sessions delivered by appropriately qualified, competent individuals and regularly monitored		
Staff supervisions in place (including for the programme lead)		
Staff alert to identify signs of child/young person neglect/abuse		



### **Equality and Inclusion**



Under the Equality Act 2010, there is a responsibility to protect individuals from discrimination and ensure that no service user is discriminated against (indirectly, directly or by association) on the grounds of:

- Age
- Disability
- · Gender Reassignment
- · Marriage and civil partnerships
- Pregnancy and maternity
- Race
- · Religion or belief
- Sex
- Sexual orientation

Having due regard for advancing equality involves:

- Removing or minimising disadvantages suffered by people due to their protected characteristics
- Taking steps to meet the needs of people from protected groups due to their protected characteristics (i.e. culturally appropriate meals)
- Encouraging people from protected groups to participate in public life or in other activities where their participation is disproportionately low.

The Club has:	In Place	Action
An inclusion strategy		
Celebrated and respected diversity in all its forms, including race, ethnicity, culture, religion, language, and socioeconomic background. Activities and materials should reflect and respect the diversity of the children / young people and families involved		
Created a supportive and non-judgmental environment where children feel encouraged to participate and express themselves. Foster positive peer interactions and teamwork.		
Established a structured routine or schedule for activities. Consistency and predictability can help children/young people feel more comfortable and engaged		
Opportunities for participation that are non-competitive		
Planned activities that encourage participation from all children, regardless of their abilities. Incorporate cooperative games, sensory activities, creative arts, and opportunities for social interaction		
Recognised and accommodated the individual needs and preferences of each child/young person. Provide personalised support and adaptations to ensure that all children/young people can participate fully in activities		

The Club has:	In Place	Action
Separate spaces for quiet time and for movement needs		
Social activities that can include people with SEND		
Incorporated inclusive language and communication strategies that are accessible to all children/young people, including those with speech or language challenges. Visual aids, gestures, and alternative communication methods should be utilised as needed		



## Special Educational Needs and Disabilities (SEND)



We are ambitious for our children and young people with Special Educational Needs and Disabilities (SEND) in Coventry. Our vision is that Coventry is a place where children and young people with SEND are able to learn, achieve and thrive within local settings and communities to enable them to lead happy and fulfilling lives. This is so the cloud of limitation is lifted, and children and young people can enjoy an ordinary life. We believe in the powerful, transformative role that informal education can have in a child/young person's life, both as a place for learning but also as a place for belonging.

We are committed to driving significant change to raise standards to provide the best, timely and responsive support for our SEND children/young people, working with parents, carers and HAF Partners as part of a process of rebuilding trust and providing an excellent service. Regarding SEND, the Equality Act 2010 requires us to make reasonable adjustments, including the provision of auxiliary aids and services for children and young people with disabilities to prevent them being put at a substantial disadvantage. These duties are anticipatory – that is they require thought to be given in advance to what children and young people with disabilities might require and what adjustments might need to be made to prevent that disadvantage.

Please follow this link to an example of the Mencap Inclusive Toolkit for more information on how this can be achieved.

The Club has:	In Place	Action
Premises and Facilities		
A well-defined emergency response plan that covers evacuation procedures		
Accessible toilets with access signs		
Ensured that all facilities are accessible this includes wheelchair accessibility via ramps or lifts		
Implemented appropriate safety measures for each activity. Ensure adequate supervision, use of safety equipment as needed, and awareness of any medical considerations or allergies		
Information about services for people with SEND is on display		
Club Activity		
Ensured that all activities and facilities are accessible to children with varying abilities. This includes wheelchair accessibility, sensory-friendly environments, and clear communication methods		
Provided clear and concise instructions for each activity. Use visual aids, demonstrations, and simple language to enhance understanding		

The Club has:	In Place	Action
Tailored activities to accommodate different sensory, cognitive, and physical challenges. Provide options for participation and adapt activities as necessary		
Communication Material		
Appropriately sized and spaced font styles		
Easy to understand wording in both verbal and written instructions		
High colour contrast on written materials		
Produced and made available information about opportunities for all		
Reflected the diversity of your Club through your printed materials and displays		
Regular updates to families about their child / young person's day		
Soft white or off-white paper colour for written materials		
Text description to explain photos		
Translated versions of information where possible		
Staff		
Ensured that staff members are trained in understanding and supporting the needs of children with special needs. This includes knowledge of specific disabilities, communication strategies, and behavior management techniques		
Sufficient staffing ratios for the needs of the children / young people participating		

### **Health and Safety**



This Health and Safety checklist is a practical tool designed to ensure the well-being and security of everyone involved in your HAF delivery. By following this guide as a minimum, we can maintain a safe environment, prevent accidents and uphold the highest standards of care for children, young people, their families and your staff.

The Club has:	In Place	Action
A clear process of identifying children/young people with allergies and intolerances at mealtimes		
A food hygiene rating of at least 4, including for any external catering partners		
A venue which is appropriately sized for the number of children/young people enrolled in the club. The venue should comply with Health & Safety regulations		
Appropriate communication methods in place for staff to call for assistance across large sites i.e. communication radios		
Arrangements to disseminate and administer medications (where appropriate and where training has taken place)		
Designated Club entrance/exit points		
Exact attendance data of children, young people, and staff for each session, at any given time.		
First Aid box(es) and a sufficient number of qualified First Aiders in every session and on each trip		
Hand sanitisation access during activities and before meals		
Level 2 Food Safety Accredited Certificates for staff preparing or distributing food		
Medical/safeguarding/dietary information and contact details are collected and shared on a need-to-know basis and are made available to those delivering sessions in case of emergency		
Premises with satisfactory fire regulations and trained designated fire wardens on site during each session		
Procedures for reporting and responding to injuries or accidents that occur within club time, including parents/carers being notified		
Ramp access, lifts and other adjustments for wheelchair		

The Club has:	In Place	Action
Registration details, including emergency contact details and medical information for every participant		
Risk assessments for the venue, activities and trips, including travel to/from venue		
Suitable toilet facilities		



### **Environment and Sustainability**



Coventry City Council is committed to sustainable development practices and believes it is important for HAF clubs to consider sustainable practices and their impact on the environment. We strongly encourage HAF clubs to make their own judgements on how sustainable development can be reflected in their ethos, day-to-day operations and throughout the delivery of their HAF programmes.

The list below is not exhaustive and HAF clubs are encouraged to reflect on their settings and consider ways that their HAF programmes can be more environmentally friendly and sustainable.

For more information visit.....

The Club has:	In Place	Action
A menu that features a meat free day each week		
A partnership in place with a surplus food/ingredients organisation such as:		
Coventry Food Bank		
<ul> <li><u>The Trussel's Trust Coventry</u></li> </ul>		
Foleshill Community Centre Social     Supermarket     Foleshill Community Centre Toleshane		
Foleshill Community Centre Telephone number: 024 7668 2749		
A strategy to minimise food wastage		
Climate education and learning opportunities included in the programme		
Ensured minimal use of single-use plastics throughout your programme i.e. disposable cutlery, water bottles and carrier bags		
Opportunities for participants to engage with nature and biodiversity		
Promoted active transport such as walking, cycling or public transport		
Used local and sustainable suppliers to reduce emissions within the supply chain and support community wealth building in the borough		
Woven the Reduce, Reuse, Recycle theme throughout the programme		

### **Nutritional Education**



Providers must include an element of nutritional education each day aimed at improving the knowledge and awareness of healthy eating for children and young people. These do not need to be formal learning activities and could for example include activities such as:

- Getting children involved in food preparation and cooking
- · Growing fruit and vegetables
- · Taste tests
- · Discussing food and nutrition
- Including food and nutrition in other activities

We expect HAF providers to make available weekly training and advice sessions for parents, carers or other family members. These should provide advice on how to source, prepare and cook nutritious and low-cost food. This could be combined with the nutritional education aspect of the programme, for example, by inviting children and their families to prepare and eat a meal together.

For great ideas on how to include nutritional education in your activities:

- Coventry HAF Provider Nutritional Education Toolkit
- Helping children to love new foods TastEd

The Club has:	In Place	Action
Co-designed nutritional education sessions with children, young people and their families		
Daily nutrition education sessions planned which are age appropriate		
Included food and nutrition as part of other enrichment activities		
Planned food tasting sessions		
Planned information sessions for families – recipes or where to source low-cost food (Sessions or handouts)		
Planned practical cooking sessions for children/young people		
Planned practical cooking sessions for families		
Planned quizzes and games to ensure these learning opportunities are fun		

### **Food Provision**



Providers must provide at least one main meal a day (breakfast, lunch or dinner) and all food provided at the holiday club (including snacks) must meet <a href="school foodstandards">school foodstandards</a>.

Our expectation is that the majority of food serviced by providers should be hot. However, we acknowledge that there will be occasions when this is not possible and cold food should be used where appropriate.

There is flexibility in the design of the food provision which should always be tailored to ensure that all food meets the dietary needs of the children and families who attend. The food served should also be appropriate for the nature of the session, for example, offering cold packed lunches for parks or outdoor venues or for day trips.

#### **External food providers**

HAF Providers should ensure that the food providers they work with are registered as a food business. This provides reassurance to those involved that food safety standards are being met.

A food business is defined as anyone preparing, cooking, storing, handling, distributing, supplying or selling food. Further information is available at <u>food business</u> <u>registration (Food Standards Agency)</u>. Please speak to the HAF Team if you have any questions on this.

#### Natasha's Law

From 1 October 2021, changes to the Food Information Regulations 2014 came into effect, adding new labelling requirements for food that is pre-packed for direct sale (PPDS).

Providers should take the time to read the guidance on the <u>Food Standards Agency</u> website and ensure that all food provision for the HAF programme meets these requirements.



The Club has:	In Place	Action
Ensured that all food provided meets <u>school food</u> <u>standards (Department for Education)</u>		
Staff eat the same food as children/young people and model positive attitudes to food provided		
Staff to sit down with the children during mealtimes and engage with the children		
Co-designed the snacks and meals on offer with children and young people		
Clear snacks and meals distribution protocol		
Designated snack and meal times		
Drinking water always available and accessible		
Ensured that snacks or meals are served under adult supervision to monitor portion sizes, prevent choking hazards, and address any spills or accidents promptly		
Main meals are hot. A cold packed lunch is acceptable on trips and visits		
Menu's which have been signed off by the Coventry HAF team's nutritionist		
Obtained information from parents/guardians regarding any allergies, intolerances or any other dietary restrictions of the children, ensuring that snacks or meals provided are safe for all participants and accommodate various dietary needs (e.g., gluten-free, dairy-free, vegetarian		
Offered snacks and meals that are nutritious and align with School Food standards for children, including a variety of food groups such as fruits, vegetables, whole grains, and protein sources to promote balanced nutrition		
Respected cultural and religious dietary practices observed by children and families, avoiding serving foods that may conflict with dietary restrictions based on cultural or religious beliefs		
Served appropriate portion sizes suitable for children's ages and appetites, avoiding excessive servings that may lead to food waste or overconsumption		
Snacks which meet school food standards		
Menu is displayed to parents on arrival desk with all allergens highlighted (14 major allergies listed here)		

### **Enriching Activities**



HAF clubs must provide fun and enriching activities that provide children and young people with opportunities to:

- Develop new skills or knowledge
- Consolidate existing skills and knowledge
- Try out new experiences
- · Have fun and socialise

This could include but is not limited to:

- Physical activities, for example football, swimming, table tennis or cricket
- Creative activities, for example putting on a play, junk modelling or drumming workshops
- Experiences, for example a nature walk or visiting a city farm
- Free play, for example fun and freedom to relax and enjoy themselves

The Club has:	In Place	Action
Co-designed activities with children and young people		
Designed activities that promote learning and skill development. Incorporate activities that stimulate cognitive, social, emotional, and physical growth		
Ensured activities are engaging and fun for children/ young people. Incorporate interactive elements, games, challenges, and hands-on experiences to maintain interest and enthusiasm		
Ensured activities are inclusive and accessible to children/young people of diverse abilities, backgrounds, and interests. Provide options or adaptations to accommodate individual needs and preferences		
Incorporated free play into each day		
Offered a variety of activities to cater to different interests and learning styles, including activities related to arts and crafts, sports, STEM (science, technology, engineering, mathematics), nature exploration, music, and cultural activities		
Opportunities to engage with nature and biodiversity		
Tailored activities to the age and developmental level of the children/young people involved, considering their abilities, interests, and attention spans to ensure activities are age-appropriate and enjoyable		

### **Physical Activities**



HAF clubs must provide activities that meet the physical activity guidelines on a daily basis.

In line with those guidelines we expect:

- All children and young people participating in the HAF programme should engage in moderate-to-vigorous physical activity for an average of at least 60 minutes per day - this does not have to be in the form of a structured activity session, but can include active travel, free play and sports
- Children and young people participating in the HAF programme should engage in a variety of types and intensities of physical activity to develop movement skills, muscular fitness and bone strength
- Children and young people should aim to minimise the amount of time spent being sedentary, and when physically possible should break up long periods of not moving with at least light physical activity

The Club has:	In Place	Action
60 minutes physical activity planned for every day		
Co-designed the physical activities with children and young people		
Considered weather conditions and environmental factors when planning outdoor activities, having contingency plans in place for inclement weather or extreme temperatures to ensure the safety and comfort of participants		
Encouraged active travel for staff and participants to attend the club and for local trips/visits		
Ensured activities are inclusive and accessible to children of all abilities, providing options or adaptations to accommodate diverse needs, such as modified equipment, alternative activities, or support from staff		
Ensured that equipment and facilities are safe, well-maintained, and appropriate for the activities being conducted. Regularly inspect equipment for wear and tear, and provide adequate space for activities to avoid overcrowding		
Offered a variety of activities to cater to different interests and preferences, including activities that promote cardiovascular fitness, strength, flexibility, coordination, and teamwork		

### **Signposting and Referrals**



HAF providers should be able to provide information, signposting or referrals to other services and support that would benefit the children and young people who attend their provision and their families.

Extensive information is available at:

- <u>Coventry Family hubs</u> welcoming places where children, young people and families of all ages can seek help and support
- Cost of living and wellbeing support significant information about a wide range of financial and wellbeing support
- <u>Coventry food venues</u> social supermarkets, food hubs and foodbanks

Sessions with children, young people and parents/carers could also be provided by:

- Citizen's Advice
- School nurses, dentists or other healthcare practitioners
- Housing support officers
- Jobcentre Plus
- Organisations providing financial education
- Early years and childcare, including help to pay for childcare (such as Tax-Free Childcare)

The Club has adequate information to refer families to:	In Place	Action
Coventry City Council HAF Support QR code on display (We will send this out prior to Winter)		
Coventry Family Hubs		
Citizen's Advice		
Early years and wrap around childcare		
Employment support for older young people and families		
Family Information services		
Finance and Benefits related advice		
Social supermarkets, food clubs and foodbanks		
Further education and training for older young people and families		
Healthcare providers, including mental health support		
Housing, including repairs & maintenance		
Safeguarding – how to report concerns		

We value your commitment to excellence as a HAF Provider.

If you have any questions, feedback, or need further assistance, please do not hesitate to reach out to us.

Our dedicated HAF Programme team is here to ensure your success and address any concerns you may have.

You can contact us via <a href="https://example.com/harmonics.com/">HAF@coventry.gov.uk</a>

Thank you for being part of our team.

We look forward to continuing our partnership together!





