



CRASAC
COVENTRY RAPE AND SEXUAL ABUSE CENTRE



Specialist support for all those who have been affected by rape or sexual violence at any time in their lives.

Coventry Rape & Sexual Abuse Centre (CRASAC) provides specialist support to women, men and children who have been affected directly or indirectly by sexual violence at any time in their lives. This includes online abuse and exploitation.

We aim to address the trauma and injustice of sexual abuse and exploitation through specialist counselling, advocacy, and emotional support services.

Get help or make a referral through our website

www.crasac.org.uk

or by calling

024 7627 7777

Heard Believed (Safe) Accepted



What is sexual violence?

Sexual violence is any unwanted sexual act or activity (including online). It can happen to anyone and be perpetrated by a stranger, or by someone known and even trusted - like a friend, colleague, family member, partner or ex-partner.

100% of the responsibility for sexual violence lies with its perpetrator(s). There is no excuse - it can never be justified or explained away.

Types of sexual violence:

- Rape
- Assault by penetration
- Sexual Assault
- Child Sexual Abuse (including Child Sexual Exploitation)
- Female genital mutilation (FGM)
- Forced marriage
- Honour-based violence
- Trafficking
- Online abuse
- Sexual harassment

Statistics



One in four girls and one in six boys will experience childhood sexual abuse. One in five women over the age of 16 have experienced some form of sexual violence.



Approximately 90% of those who are raped or sexually assaulted know the perpetrator prior to the offence.

Only around 15% of those who experience sexual violence report to the police.



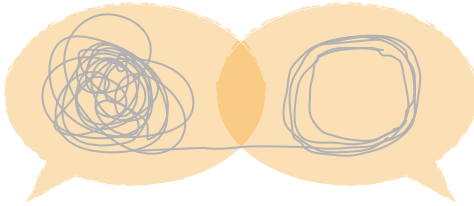


Our Services

Information line: 024 7627 7777

Open between 9am and 5pm Monday to Friday, our Information Line is the first point of contact for anyone who would like more information on the specialist sexual violence support services available.

Both self-referrals and professional referrals can be made by calling the Information Line or via our website.

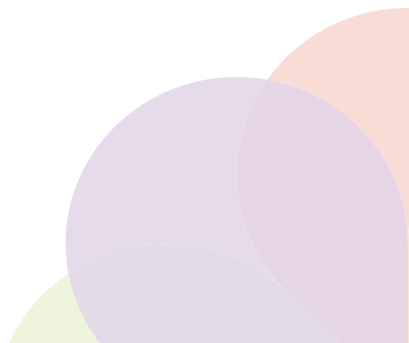


“It’s nice talking to someone who understands what I have been through without feeling guilty.”

“CRASAC made me feel safe, welcome and believed.”

Counselling

One to one specialist counselling and psychotherapy in a safe, confidential and non-judgmental space for adults and children and young people of any gender over five years old. Help is also available for parents and supporters of victims and survivors.



"I felt listened to and supported in areas above and beyond my assault. It was a calming presence when I felt far from it. Nothing appeared to be too much trouble."

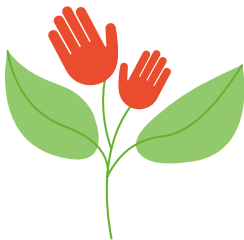


"An excellent training session which was hosted very well and much needed. It was informative, insightful and easy to follow. The content was pitched at the right level and exactly what we needed."



Crisis and Advocacy

Our team of Independent Sexual Violence Advisors (ISVAs) provide independent, non-judgmental emotional and practical support to help improve the experiences of victims and survivors of sexual violence within the criminal justice system. ISVAs are independent, professional specialists completely on the side of victims and survivors whose role is to empower each individual they support.



Training and Outreach

Training and consultation services on all aspects of sexual abuse including prevention work and education in schools and community groups, along with bespoke programmes for professionals, businesses and other organisations.

Contact

To access our services or make a referral contact us on

024 7627 7777

clientservices@crasac.org.uk

Monday to Thursday: 9am - 5pm

Friday: 9am - 3pm

24-hour answerphone service

www.crasac.org.uk

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Mission & Values

To improve the lives of people in Coventry who have been affected by rape and sexual abuse, enabling them to survive and thrive in life.

- > CRASAC is shaped by the needs and voices of survivors
- > We stand for justice and equality
- > We act on our belief that change is possible
- > We hold ourselves to the highest professional and ethical standards

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