



# Supporting Families Practice Toolkit

## Headline Criteria Four: Promoting Recovery and Reducing Harm from Substance Use



Number	Criteria	Outcome
4.1	An adult has a drug and/ or alcohol problem	Adult reducing/ abstaining from substance use <b>AND</b> adult better equipped to manage the substance use. Adult understands the risk/ impact of the substance use on the family and children and is able to promote safety and implement actions to reduce harm <b>AND</b> Assessment undertaken with child/ family to determine impact of substance misuse on the family- family is benefitting from substance misuse work
4.2	A child or young person has a drug and/ or alcohol problem	Child reducing. Abstaining from substance use <b>AND</b> family/ child better equipped to manage the substance use and find alternative coping strategies, and understand risk/ impact of substance use

Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF)	
<a href="#">Change Grow Live</a> <a href="#">Positive Choices</a> GP <a href="#">School Nursing</a> School or Education setting	<a href="#">Social Prescribers- Health Exchange</a> <a href="#">Alcoholics Anonymous</a> <a href="#">Cocaine Anonymous</a> <a href="#">Positive Youth Foundation</a>

What Interventions, Tools, Direct Work could be included in the Family Plan?	
Family Group Conference Wishes and Feelings 1-1 discussion/ conversation- Impact of the children Safety Planning	<a href="#">Strengths and Difficulties Questionnaires</a> <a href="#">Parenting Daily Hassles Scale</a> <a href="#">Home Conditions Scale</a> <a href="#">Adult Wellbeing Scale</a> <a href="#">Adolescent Wellbeing Scale</a> <a href="#">Recent Life Events Questionnaires</a>

How can you Evidence the Outcome has been achieved? (Systems, methods)
Recording in EHM (TAF, Case notes, uploaded documents- using scaling demonstrating improvement Family/ Carer Feedback demonstrating improvement- scaling Young people's Feedback demonstrating improvement- scaling Feedback from specialist services- demonstrating improvement