



Supporting Families Practice Toolkit

Headline Criteria Four: Promoting Recovery and Reducing Harm from Substance Use



No.	Criteria	Outcome
4.1	An adult has a drug and/ or alcohol problem	Adult reducing/ abstaining from substance use AND adult better equipped to manage the substance use. Adult understands the risk/ impact of the substance use on the family and children and is able to promote safety and implement actions to reduce harm AND Assessment undertaken with child/ family to determine impact of substance misuse on the family- family is benefitting from substance misuse work
4.2	A child or young person has a drug and/ or alcohol problem	Child reducing. Abstaining from substance use AND family/ child better equipped to manage the substance use and find alternative coping strategies, and understand risk/ impact of substance use

Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF)	
Change Grow Live Positive Choices GP School Nursing School or Education setting	Social Prescribers- Health Exchange Alcoholics Anonymous Cocaine Anonymous Positive Youth Foundation
What Interventions, Tools, Direct Work could be included in the Family Plan?	
Family Network Meetings Wishes and Feelings 1-1 discussion/ conversation- Impact of the children Safety Planning	Strengths and Difficulties Questionnaires Parenting Daily Hassles Scale Home Conditions Scale Adult Wellbeing Scale Adolescent Wellbeing Scale Recent Life Events Questionnaires
How can you Evidence the Outcome has been achieved? (Systems, methods)	Coventry Families Portal QA Code
Recording in EHM (TAF, Case notes, uploaded documents- using scaling demonstrating improvement Family/ Carer Feedback demonstrating improvement- scaling Young people's Feedback demonstrating improvement- scaling Feedback from specialist services- demonstrating improvement	

