



Supporting Families Practice Toolkit

Headline Criteria Five: Improved Family Relationships



Number	Criteria	Outcome
5.1	Parent/ carer requires parenting support	Parent/ carer demonstrates improves, positive parenting
5.2	Harmful levels of parental conflict- frequent and poorly resolved	No harmful parental conflict and improved family relationships AND parent/ carers understands the impact of the conflict of the children
5.3	Child/ young person violent or abusive in the home to parent/ carer and/or siblings	No harmful child to adult/ sibling abuse AND child is better equipped to understand behaviours, develop coping mechanisms, and self-manage AND parent/ carer better equipped to manage child's behaviour and relationships improve
5.4	Unsupported young carer or caring circumstances changed requiring additional support	Unsupported young carer now supported, including with change in caring circumstances

Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF)	
Friends and Family (network) Positive Parenting Programmes Family Group Conference Young Carers Service Young Minds NSPCC Relate Positive Choices Positive Youth Foundation	Police (Early Help PCSO) Schools/ colleges School Nursing GP Sahil Project Foleshill Women's Training Short breaks Counselling Services (Schools) Groundworks Project
What Interventions, Tools, Direct Work could be included in the Family Plan?	
Genogram / Culturagram to understand support / risk etc Signposting / Referral to above services Reducing Family Conflict resources / videos Solihull Approach Fatherhood Institute Direct Workbook - Building relationships with children and young people Boomerang Programme Mind of My Own App Social Work Toolbox Signs of safety methodology and approach (worry statements, wellbeing goals, scaling, words and pictures) Miracle questions / solution focused practice	Strengths and Difficulties Questionnaires Parenting Daily Hassles Scale Home Conditions Scale Adult Wellbeing Scale Adolescent Wellbeing Scale Recent Life Events Questionnaires Family Activity Scale Safety Planning / Words and Pictures Graded Care Profile (help improve family life) Cook & Eat Well Programmes (improves working together and enjoying food) Social and leisure activities Family days out Family journal created by the family
How can you Evidence the Outcome has been achieved? (Systems, methods)	
Recording in EHM (TAF, Case notes, uploaded documents- using scaling demonstrating improvement) Family/ Carer Feedback demonstrating improvement- scaling Young people's Feedback demonstrating improvement- scaling Strengths and Difficulties Questionnaires (shows baseline – outcomes achieved) Family Group Conference Plan and Review Feedback / progress reports from specialist services	