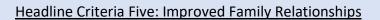


## **Supporting Families Practice Toolkit**





| No. | Criteria   | Outcome  |
|-----|--|--|
| 5.1 | Parent/ carer requires parenting support   | Parent/ carer demonstrates improves, positive parenting  |
| 5.2 | Harmful levels of parental conflict- frequent and poorly resolved                    | No harmful parental conflict and improved family relationships <b>AND</b> parent/ carers understands the impact of the conflict of the children  |
| 5.3 | Child/ young person violent or abusive in the home to parent/ carer and/or siblings  | No harmful child to adult/ sibling abuse <b>AND</b> child is better equipped to understand behaviours, develop coping mechanisms, and self-manage <b>AND</b> parent/ carer better equipped to manage child's behaviour and relationships improve |
| 5.4 | Unsupported young carer or caring circumstances changed requiring additional support | Unsupported young carer now supported, including with change in caring circumstances   |

| Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF) |                                |  |  |  |  |
|---|--------------------------------|--|--|--|--|
| Friends and Family (network)  | Police (Early Help PCSO)       |  |  |  |  |
| Positive Parenting Programmes   | Schools/ colleges              |  |  |  |  |
| Family Group Conference   | School Nursing                 |  |  |  |  |
| Young Carers Service  | GP                             |  |  |  |  |
| Young Minds   | Sahil Project                  |  |  |  |  |
| <u>NSPCC</u>  | Foleshill Women's Training     |  |  |  |  |
| <u>Relate</u>   | Short breaks                   |  |  |  |  |
| Positive Choices  | Counselling Services (Schools) |  |  |  |  |
| Positive Youth Foundation   | <u>Groundworks Project</u>     |  |  |  |  |
|   |                                |  |  |  |  |

| ı  | What Interventions, Tools, Direct Work could be included in the Family Plan? |   |  |  |  |  |  |
|--|--|---|--|--|--|--|--|
| ı  | Genogram / Culturagram to understand support / risk etc                      | Parenting Daily Hassles Scale                         |  |  |  |  |  |
| ı  | Signposting / Referral to above services                                     | Home Conditions Scale                                 |  |  |  |  |  |
| ı  | Reducing Family Conflict resources / videos                                  | Adult Wellbeing Scale                                 |  |  |  |  |  |
| ı  | Solihull Approach  | Adolescent Wellbeing Scale                            |  |  |  |  |  |
| ı  | <u>Fatherhood Institute</u>  | Recent Life Events Questionnaires                     |  |  |  |  |  |
| Direct Workbook - Building relationships with children and |  | Family Activity Scale                                 |  |  |  |  |  |
| ı  | young people   | Safety Planning / Words and Pictures                  |  |  |  |  |  |
| ı  | Boomerang Programme  | Graded Care Profile (help improve family life)        |  |  |  |  |  |
| ı  | Mind of My Own App   | Cook & Eat Well Programmes (improves working together |  |  |  |  |  |
| ı  | Social Work Toolbox  | and enjoying food)                                    |  |  |  |  |  |
| ı  | Signs of safety methodology and approach (worry                              | Social and leisure activities                         |  |  |  |  |  |
| ı  | statements, wellbeing goals, scaling, words and pictures                     | Family days out                                       |  |  |  |  |  |
| ı  | Miracle questions / solution focused practice                                | Family journal created by the family                  |  |  |  |  |  |
| ı  | Strengths and Difficulties Questionnaires                                    |   |  |  |  |  |  |

| now can you evidence the Outcome has been                   |  |  |  |  |
|---|--|--|--|--|
| achieved? (Systems, methods)                                |  |  |  |  |
| Recording in EHM (TAF, Case notes, uploaded documents-      |  |  |  |  |
| using scaling demonstrating improvement)                    |  |  |  |  |
| Family/ Carer Feedback demonstrating improvement-           |  |  |  |  |
| scaling   |  |  |  |  |
| Young people's Feedback demonstrating improvement-          |  |  |  |  |
| scaling   |  |  |  |  |
| Strengths and Difficulties Questionnaires (shows baseline – |  |  |  |  |
| outcomes achieved)  |  |  |  |  |
| Family Group Conference Plan and Review                     |  |  |  |  |
| Feedback / progress reports from specialist services        |  |  |  |  |



**Coventry Families Portal QA Code**