Supporting Families Practice Toolkit

Headline Criteria Five: Improved Family Relationships

No.	Criteria	Outcome
5.1	Parent/ carer requires parenting support	Parent/ carer demonstrates improves, positive parenting
5.2	Harmful levels of parental conflict- frequent and poorly resolved	No harmful parental conflict and improved family relationships **AND** parent/ carers understands the impact of the conflict of the children
5.3	Child/ young person violent or abusive in the home to parent/ carer and/or siblings	No harmful child to adult/ sibling abuse **AND** child is better equipped to understand behaviours, develop coping mechanisms, and self-manage **AND** parent/ carer better equipped to manage child's behaviour and relationships improve
5.4	Unsupported young carer or caring circumstances changed requiring additional support	Unsupported young carer now supported, including with change in caring circumstances

Who can help the Family Plan be Achieved? (Signposting, contribute to the Plan and TAF)

Friends and Family (network)	Police (Early Help PCSO)
Positive Parenting Programmes	Schools/ colleges
Family Group Conference	School Nursing
Young Carers Service	GP
Young Minds	Sahil Project
NSPCC	Foleshill Women's Training
Relate	Short breaks
Positive Choices	Counselling Services (Schools)
Positive Youth Foundation	Groundworks Project

What Interventions, Tools, Direct Work could be included in the Family Plan?

Genogram / Culturagram to understand support / risk etc	Parenting Daily Hassles Scale
Signposting / Referral to above services	Home Conditions Scale
Reducing Family Conflict resources / videos	Adult Wellbeing Scale
Solihull Approach	Adolescent Wellbeing Scale
Fatherhood Institute	Recent Life Events Questionnaires
Direct Workbook - Building relationships with children and young people	Family Activity Scale
Boomerang Programme	Safety Planning / Words and Pictures
Mind of My Own App	Graded Care Profile (help improve family life)
Social Work Toolbox	Cook & Eat Well Programmes (improves working together and enjoying food)
Signs of safety methodology and approach (worry statements, wellbeing goals, scaling, words and pictures	Social and leisure activities
Miracle questions / solution focused practice	Family days out
Strengths and Difficulties Questionnaires	Family journal created by the family

How can you Evidence the Outcome has been achieved? (Systems, methods) / Coventry Families Portal QA Code

How can you Evidence the Outcome has been achieved? (Systems, methods)	Coventry Families Portal QA Code
Recording in EHM (TAF, Case notes, uploaded documents- using scaling demonstrating improvement) Family/ Carer Feedback demonstrating improvement- scaling Young people's Feedback demonstrating improvement- scaling Strengths and Difficulties Questionnaires (shows baseline – outcomes achieved) Family Group Conference Plan and Review Feedback / progress reports from specialist services	