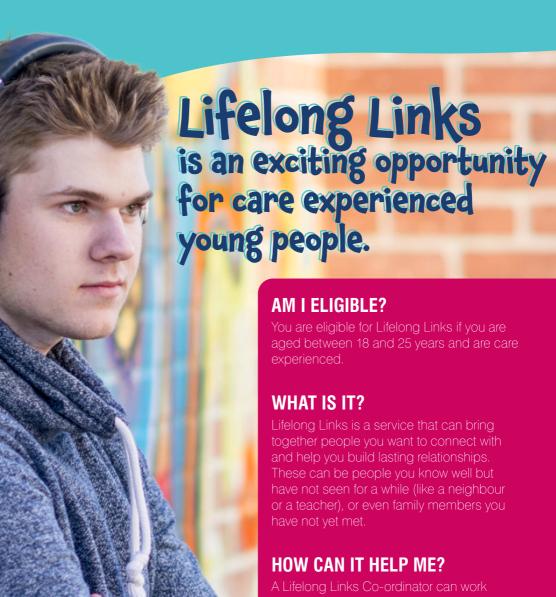
# Lifelong Links COVENTRY Building lasting connections for care experienced young adults A GUIDE FOR YOUNG ADULTS









A Lifelong Links Co-ordinator can work closely with you to contact friends, family members, and associates of your choice, and to create a network you can turn to for support. You can also learn more about your family history and even find answers to questions you might have.

## WHAT IS A LIFELONG LINKS FAMILY GROUP CONFERENCE?

A Lifelong Links Family Group
Conference is a meeting between
you, your chosen friends and family
members, and your Lifelong Links
Co-ordinator. Your Lifelong Links Coordinator will be able to give you all the
information you need about how the
Lifelong Links Family Group Conference
will work, and will spend time preparing
for this with you beforehand.

#### WHAT IS THE PURPOSE OF A LIFELONG LINKS FAMILY GROUP CONFERENCE?

Those present at your Lifelong Links Family Group Conference will help you to make your individual Lifelong Links Plan. This will support you:

- to have lasting relationships you can depend on,
- to be clear about who is responsible for staying in touch and how this will happen,
- to learn more about your history and to develop a stronger sense of your identity,

 to know who you can turn to for emotional and practical support

# WHO WILL ATTEND YOUR LIFELONG LINKS FAMILY GROUP CONFERENCE?

This will vary but will usually include you and anyone you have chosen to contact, remain in contact with, or reunite with via the Lifelong Links process.

Your Lifelong Links Co-ordinator and PA will also attend but will not stay during the private family time part of the meeting.

### WHAT HAPPENS AFTER THE FAMILY GROUP CONFERENCE?

Your PA will work with you and your support network to ensure that your plan is safe and that it is carried out. Your plan will become part of your Pathway Plan and the overall support in place for you as you continue your transition to independence.

A Review Lifelong Links Family Group Conference will be offered to you to make sure your plan is working well. Your plan will also be regularly reviewed by your PA.

#### Remember it is your choice.

Lifelong Links will only happen with your agreement. If you change your mind about being involved at any time, you can tell your Personal Advisor (PA), your PA's Team Leader, or your Lifelong Links Co-ordinator.

### Contact us

#### LIFELONG LINKS/FAMILY GROUP CONFERENCE TEAM

Broadgate House Floor 4 Coventry CV1 1FS **E.** LifeLongLinks@coventry.gov.uk

Name of Co-ordinator.
Contact Details.

Lifelong Links co-ordinators: Lifelong Links feedback: LifeLongLinks@coventry.gov.uk LLfeedback@coventry.gov.uk





ACCREDITED SERVICE 2021-2024

Coventry City Council is an accredited Lifelong Links service This service has met the requirements of the accreditation framework run by Family Rights Group