It’s OK not to be OK

**NEW** **Coventry Children and Young People Mental Health Services Directory**

Scan the QR code to visit the NEW website where you can find services based on presenting need.

The website also has self-help resources and other useful information on the children’s mental health system.

A cartoon of a child in a pink dress

Description automatically generated

A qr code on a black background

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A blue circle with white text and a red heart and a bird

Description automatically generatedA person sitting cross legged with his legs crossed and a computer

Description automatically generated

[www.coventry.gov.uk/childrens-mental-health](http://www.coventry.gov.uk/childrens-mental-health)